

DRINKS

225ml HILO MILK	\$1.50
300ml FLAVOURED MILK	\$2.20
-CHOCOLATE	
-BANANA	
-STRAWBERRY	



250ml POPPER JUICE	\$1.50
Apple or Orange	
600ml WATER	\$1.20
250ml UP & GO	\$2.50

**MENU 83% GREEN
2017 WASCA ASSESSED**

Margarine used only upon request.

Sandwiches, rolls and wraps made using wholemeal bread.

All cheese is reduced fat.

(GF) Indicates gluten free.

(V) Indicates vegetarian.

Volunteer help is always welcomed and appreciated!

MELISSA 0413418037

Warning!

Food may contain traces of Love.

DESSERTS

(Available After Lunch)

YOGHURT	\$1.80
FROZEN CHOC BANANA	\$1.00
FROZEN PINEAPPLE RING	\$0.80
YOGHURT BLOCK	\$0.20



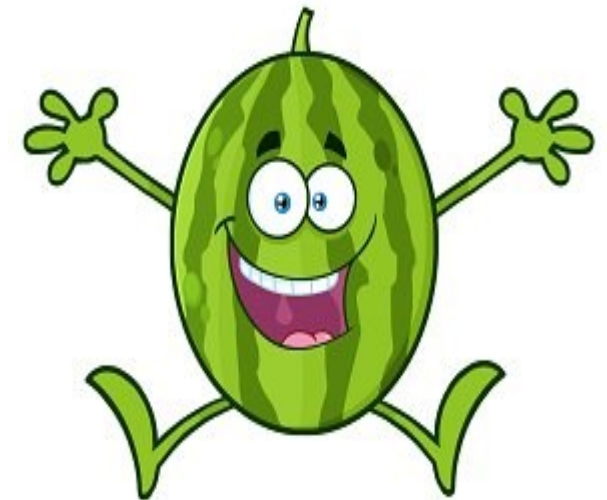
BULLA LIGHT ICE CREAM TUB	\$2.00
MOOSIE	\$2.00
ICY POLE	\$1.00
JUICE BLOCK	\$0.10



BIRTHDAY PLATTERS

Birthday Fruit Share Platter (Seasonal Assorted Fruits)	\$30.00
Birthday Veggie Share Platter (Seasonal Veggie Sticks Served with Dip and Crackers)	\$30.00

*Please allow 3-5 days notice. Platters will be delivered to child's class. Contact MELISSA 0413418037



SUMMER MENU

OPEN

**MONDAY, WEDNESDAY & FRIDAY
TERM 4 & TERM 1 2018**

*Crest logo my Mitchell Knight

RECESS

PIZZA SNACK	\$2.00
SPAG CHEESIE	\$1.00
BAKED BEAN CHEESIE	\$1.00
CHEESIE	\$0.80
APPLE SLINKY	\$0.60
YOGHURT	\$1.80
FRUIT CUP	\$1.00
PIKELETS	\$0.50
POPCORN	\$0.50
FRUIT	\$0.60
MILO	\$1.00
MILK SIPPAH	\$1.50
MUFFINS (Friday Only)	\$2.00

DAILY SPECIALS

MONDAY

FRIED RICE AND VEG V /GF	\$3.50
CHICKEN FRIED RICE AND VEG GF	\$3.80



WEDNESDAY

SUSHI

TUNA GF or TERIYAKI CHICKEN GF

3 PIECE	\$3.80
5 PIECE	\$5.20
SOY SAUCE	\$0.20

FRIDAY

RICE PAPER ROLL V	\$2.50
CHICKEN RICE PAPER ROLLS	\$2.80
SNACK PIE (Max 4)	\$1.30
SAUSAGE ROLL	\$2.80
POTATO TOP BEEF PIE	\$3.80
SAUCE PORTION	\$0.50

DAILY DELIGHTS

COLD LUNCHES

FILLINGS	S/WICH	ROLL	WRAP
HAM & SALAD	\$3.60	\$3.90	\$4.30
CHICKEN & SALAD	\$3.60	\$3.90	\$4.30
TUNA & SALAD	\$3.60	\$3.90	\$4.30
EGG & SALAD	\$3.60	\$3.90	\$4.30
CURRIED EGG	\$3.20	\$3.50	
CHEESE & SALAD	\$3.20	\$3.50	\$3.80
SALAD	\$3.20	\$3.50	\$3.80
VEGEMITE	\$1.50	\$1.70	
ADD EGG, CHEESE OR BEETROOT			\$0.50
HAWAIIAN PIZZA			\$3.00
HAM & CHEESE PIZZA			\$3.00
CHEESE PIZZA V			\$3.00
CHICKEN OR FISH NUGGET PACK (4 Nuggets served with fruit and vegetable pack)			\$3.50
PASTA SALAD V (Chilled pasta served with veg and mayo)			\$3.50
SALAD BOWL V (Add Chicken, Cheese, Ham or Egg .50c each)			\$3.50
FRUIT SALAD (Fresh Seasonal Fruit) V			\$3.50
CORN COB V			\$1.20
VEGGIE SNACK BAG V			\$1.00